

# PRODUCT CATALOGUE

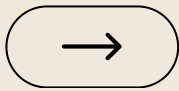
HYDRO



IV & WELLNESS

*Body . Mind . Skin*

2025 PRODUCT CATALOGUE



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# INTRAVENOUS THERAPY



## Hydro-Fuel drip R1000

The Hydro-fuel drip is a high-performance IV infusion designed to rapidly boost energy, mental clarity, and physical stamina. It contains a powerful combination of Ascorbic Acid (Vitamin C), Vitamin B12, Vitamin B-complex, and Magnesium to fuel your body from the inside out. This drip is ideal for individuals with demanding lifestyles, athletes, entrepreneurs, or anyone needing a quick, revitalising pick-me-up.

### Recommendation

- Professionals, experiencing mental and physical burnout
- Individuals feeling low energy, tired, or run down
- Frequent travellers or those recovering from jet lag
- Students during exam periods
- Athletes before or after training
- People needing an immune or productivity boost

**Frequency:** Can be safely administered weekly or as needed, based on your wellness goals.

# INTRAVENOUS THERAPY



## Hydro-Perform R1200

The Hydro-Perform drip is our premium IV infusion crafted for individuals who want to optimise their mental sharpness, physical stamina, liver function, and cellular health. With a synergistic blend of Phosphatidylcholine, NAC, ALA, and Taurine, this drip targets performance at the cellular level—enhancing detoxification, protecting against oxidative stress, and supporting high-output lifestyles.

### Recommendation

- Athletes and fitness enthusiasts
- Professionals with demanding mental and physical schedules
- Individuals exposed to high-stress or environmental toxins
- Anyone undergoing detox or weight management programmes
- People who want to level up their stamina and endurance

**Frequency:** Monthly or every 2–3 weeks, depending on lifestyle, goals, or personal goals.



# INTRAVENOUS THERAPY



## Hangover drip R850

The Hangover drip is your ultimate post-party recovery solution—designed to quickly relieve symptoms like nausea, fatigue, headache, and dehydration. This IV infusion combines Ondansetron, an anti-nausea medication that calms the stomach and relieves queasiness and vomiting, Thiamine, Glutathione, and Phosphatidylcholine (PPC) to repair liver cells.

### Recommendation!

- Quick recovery after parties, events, or celebrations
- Professionals who need to function the day after drinking
- Anyone looking to support liver health and reduce downtime from hangovers

**Best used:** Within 24 hours of alcohol consumption for optimal results. Safe for occasional use as part of a balanced wellness plan.

# INTRAVENOUS THERAPY



## Immune boost R750

The Immune Boost drip is a high-impact IV infusion designed to fortify your body's natural defences. With a potent dose of Vitamin C, this drip supports immune function, reduces inflammation, and promotes recovery—making it ideal for those feeling run down, exposed to illness, or with compromised immune systems.

### Recommendation

- People recovering from illness or surgery
- Individuals with low immunity or chronic fatigue
- Those exposed to high-stress environments or travel
- Anyone preparing for or recovering from seasonal illness

**Frequency:** Weekly or as recommended during high-risk periods or low immunity phases.

# INTRAVENOUS THERAPY



## Vita-skin drip R650

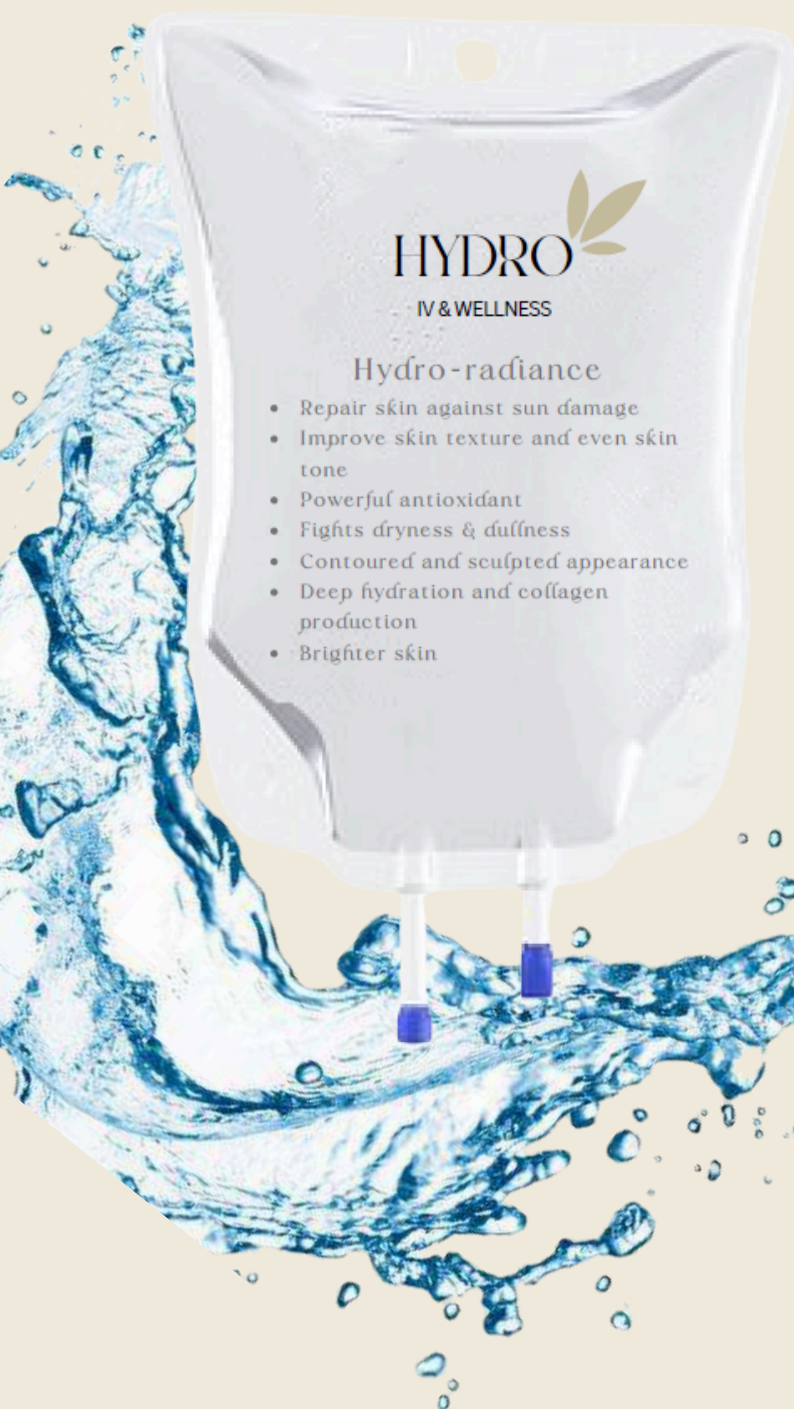
The Vita Skin drip is a gentle, glow-enhancing infusion designed to support healthy, radiant skin—without breaking the bank. With a touch of Glutathione, a blend of B-complex vitamins, and Vitamin C, this drip nourishes your skin from within.

### Recommendation

- First-time IV clients
- Anyone seeking subtle skin support
- Monthly self-care maintenance without the splurge
- Students, young professionals, or glow-getters on a budget

**Frequency:** Weekly or bi-weekly for consistent results.

# INTRAVENOUS THERAPY



## Hydro-Radiance R1450

This drip combines advanced antioxidants, essential nutrients, and skin-repair agents to nourish your skin. Featuring Phosphatidylcholine (PPC) for cell membrane repair, Glutathione for detoxification, Alpha Lipoic Acid to combat environmental damage, with Zinc and Dexpanthenol to soothe and rebuild, this infusion supports healthier, stronger, and more radiant skin.

### Recommendation

- Individuals struggling with acne, dullness, or pigmentation
- Clients looking for long-term skin support and anti-ageing benefits
- Those exposed to stress, toxins, or environmental pollutants
- Anyone seeking a radiant, refreshed, and healthy complexion

**Frequency:** Every 2–4 weeks for visible and lasting skin improvement.

# INTRAVENOUS THERAPY

## Gut-health drip R980

Good gut health is the foundation of overall wellness—affecting everything from digestion and immunity to mood and energy levels. The Gut Health Drip is specially formulated to soothe, repair, and strengthen the gut lining using a targeted blend of L-Glutamine, Dexpanthenol (Vitamin B5), and Glutathione. This drip supports digestive balance, reduces inflammation, and promotes gut lining regeneration—ideal for anyone struggling with bloating, food sensitivities, or gut-related fatigue.

### Recommendation

- Individuals with digestive discomfort, bloating, or food intolerances
- Those recovering from antibiotic use or gut inflammation
- People managing IBS, leaky gut, or Crohn's disease
- Anyone seeking to improve nutrient absorption, immune support, and inner balance

**Frequency:** Weekly or bi-weekly depending on individual gut health needs and goals.

# INTRAVENOUS THERAPY



## Myers' cocktail R900

The Myer's Cocktail is a time-tested, all-in-one IV infusion formulated to boost energy, strengthen immunity, and support overall wellness. Named after Dr. John Myers, who pioneered this blend, the cocktail contains a powerful combination of B-complex vitamins, Vitamin C, Magnesium, and Vitamin B12, making it a go-to for everything from fatigue and stress to migraines and immune support.

### Recommendation

- Individuals dealing with stress, fatigue, or burnout
- Frequent travellers, shift workers, or busy professionals
- Those recovering from illness or feeling run down
- People looking to maintain general wellness and vitality

**Frequency:** Weekly or as needed for maintenance and preventative care.

# INTRAVENOUS THERAPY

## Weight loss support R1100

The Weight Loss drip is a targeted metabolic support infusion formulated to help your body burn fat more efficiently, improve energy, and support healthy weight management. With Carnitine to enhance fat metabolism, Alpha Lipoic Acid (ALA) for cellular energy and insulin balance, and essential trace elements to support thyroid and metabolic function, this drip is the ideal complement to an active lifestyle and weight loss plan.

### Weight loss support

- Supports body composition by encouraging fat loss over muscle loss
- Improves insulin sensitivity
- Aids in the breakdown of fat during physical activity

### Recommendation

- Individuals looking to support fat loss naturally
- Those following a structured fitness or diet programme
- People with low energy, slow metabolism, or metabolic imbalances
- Clients wanting to enhance body composition and performance

**Frequency:** 1 time per week alongside healthy lifestyle habits for best results.

# INTRAVENOUS THERAPY



## Iron boost drip R1000

This drip supports the body's natural ability to produce healthy red blood cells and combat symptoms associated with low iron or anaemia-like fatigue. It does not contain iron itself, but delivers essential cofactors that enhance iron metabolism and optimise red blood cell formation.

### Recommended

- Individuals with symptoms of low iron or chronic fatigue
- Those recovering from illness, surgery, or heavy menstrual bleeding
- Athletes or individuals with high physical demands
- Patients preparing for or recovering from iron infusion
- People on a plant-based diet who need nutritional support for red blood cell health

**Frequency:** 1 time per week

# INTRAVENOUS THERAPY



## Anaemia drip R1200

Specially formulated to quickly replenish iron levels and combat the symptoms of anaemia. It contains a highly effective iron supplement designed for optimal absorption and gentle on the stomach.

### Recommendation

- Individuals diagnosed with iron-deficiency anaemia
- Those experiencing chronic fatigue or low-energy
- Women with heavy menstrual bleeding
- People recovering from surgery or blood loss
- Anyone needing to restore iron levels efficiently

**Frequency:** Administer as per medical advice, often in a series of sessions until iron levels normalise.

**\*\*Blood work may be essential prior administration**

# INTRAVENOUS THERAPY



## NAD+ infusion R1500

The NAD+ drip supports brain health, mental clarity, and neurological recovery. It enhances cognitive function and focus by producing dopamine. Clients experience improved sleep, and reduced anxiety as the drip contains glycine, which has a soothing effect on the brain.

### Recommendation

- Individuals recovering from mental burnout, brain fog, or stress
- Those with neurological fatigue or in post-recovery phases
- Anyone looking to support memory, concentration, and emotional stability
- Clients with high cognitive or emotional demands (students, executives, shift workers)

**Frequency:** Weekly or bi-weekly depending on cognitive or neurological support needs. Always consult with our practitioner for personalised guidance.

# INTRAVENOUS THERAPY



## Anti-aging from R1800

To rejuvenate at cellular level, this antiaging drip is designed to target the root causes of ageing—from oxidative stress to mitochondrial decline. Powered by NAD+, Vitamin C, and Glutathione, this drip works deep at the cellular level to improve skin health, boost energy, enhance mental clarity, and promote overall vitality—helping you age smarter, not faster.

### Recommendation

- Clients seeking anti-ageing support from the inside out
- Individuals dealing with low energy, dull skin, or brain fog
- Those exposed to high stress, toxins, or UV damage
- Anyone focused on longevity, wellness, and graceful ageing

**Frequency:** Every 2–4 weeks as part of a proactive anti-ageing and wellness plan.



# INTRAVENOUS THERAPY



## Menopause support R1400

The Menopause Support drip is a restorative infusion specially formulated to help women navigate the physical and emotional shifts of menopause. With the foundational nutrients of the Myer's Cocktail, beauty-boosting Biotin, and cellular repair powerhouse NAD+, this drip targets fatigue, mood changes, hormonal imbalance, and hair and skin concerns—helping you feel like yourself again.

### Menopause support

- Supports hair growth & reduces thinning
- Fights hormonal imbalance symptoms
- Improves hot flashes, night sweats, skin dryness and collagen loss
- Anxiety, low mood, and poor sleep

### Recommendation

- Women experiencing perimenopause or menopause symptoms
- Anyone dealing with fatigue, irritability, night sweats, or dry skin
- Those looking for natural, non-hormonal support
- Clients wanting to combine beauty and wellness in one drip

**Frequency:** Every 2–4 weeks or as part of a personalised wellness plan guided by our in-house practitioner.

# INTRAVENOUS THERAPY

## Pain drip R780

The Pain drip is designed to provide fast, effective relief from body aches, muscle tension, and inflammation.

### Recommendation

- Individuals with chronic pain, arthritis, or inflammatory conditions
- People experiencing migraines, back pain, or body aches
- Athletes recovering from strain or injury
- Anyone looking for natural pain relief with added energy and immune support

**Frequency:** Can be administered weekly or as needed depending on the severity and type of pain.

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### Pain drip

- Provide fast and effective relief from moderate to severe pain and inflammation
- Helpful for migraine and tension headaches

# INTRAVENOUS THERAPY



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## Detox drip

- Remove oxidative stress
- Helps body fight infections
- Boosts resilience by clearing the mind
- Assist liver to break fat rapidly

## Detox drip R780

Combines phospholipids with different antioxidative nutrients (glutathione, NAC, ALA) with added vitamins and minerals for the perfect detoxification and liver optimization from free radical.

### Recommendation

- Clients with chronic fatigue or low energy
- Those seeking liver support (e.g., after medication, alcohol, or toxin exposure)
- Individuals with oxidative stress or inflammation
- Skin concerns like dullness, premature aging, or uneven tone
- Anyone on a wellness reset, weight management, or anti-aging journey

**Frequency:** For deep detox: once weekly for 4-6 weeks

For maintenance & wellness: 1-2 times per month

# INTRAVENOUS THERAPY

## Biotin mixture R900

Our Biotin Infusion is a powerhouse blend designed to strengthen hair, skin, and nails while enhancing overall vitality.

### Recommendation

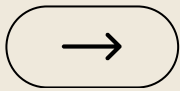
- Individuals experiencing thinning or brittle hair
- Slow hair and nail growth
- Skin dullness, hyperpigmentation, or premature aging
- High stress or burnout (mental and physical fatigue)
- People exposed to oxidative stress and post-illness recovery

**Frequency:** For best results, once weekly for 4 to 6 weeks, then maintain with 1 or 2 sessions per month depending on individual needs

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### Biotin mixture

- Thicker hair and nails
- Hair and nail growth
- Skin hydration
- Lower cholesterol and stabilise blood glucose



# INTRAVENOUS THERAPY



**Rehydrate or build your own drip**

# COMPRESSION BOOTS



## Circulatory boots R200

Compression boots are wearable devices that use controlled, sequential pressure to massage your legs and improve blood circulation. By inflating and deflating chambers around your calves and feet, these boots help reduce swelling, flush out toxins, and speed up muscle recovery.

### Recommendation

- Athletes and fitness enthusiasts
- People who stand or sit for long periods
- Individuals recovering from injury or surgery
- Anyone looking to improve circulation and reduce leg discomfort

# HYPERBARIC OXYGEN THERAPY



## Hyperbaric oxygen chamber R550

Hyperbaric Oxygen Therapy involves breathing pure oxygen in a pressurized chamber, allowing your lungs to absorb more oxygen than usual.

### Recommendation

- Patients recovering from COVID-19, surgery or trauma
- Individuals with chronic wounds or ulcers
- People with infections that are slow to heal
- Those seeking to enhance athletic recovery or cognitive function
- Anyone wanting to boost overall health and well-being

# OTHER SERVICES



## **Intramuscular injections from R50**

Seasonal flu shot  
Thiamine (Vitamin B1)  
Vitamin B-Complex  
Vitamin B12  
Neurobion  
MesoSlim Lipolysis



## **Mobile/ corporate events**

Elevate your next corporate event, bridal shower, or special occasion with our tailored wellness services. We also offer professional mobile IV therapy with a callout fee of R300, so you and your guests can enjoy rejuvenating treatments anytime, anywhere—bringing wellness and relaxation straight to your doorstep.



## **Virtual medical consultation from R350**

In addition to our mobile and event services, we have an in-house doctor available for convenient virtual consultations—providing expert medical advice and personalised care wherever you are.



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